



S4-6 Forrester Virtual Learning Timetable

	Monday	Tuesday	Wednesday	Thursday	Friday
45-60 mins	Col A Subject	Col E Subject	Col C Subject	Col A Subject	Col E Subject
45-60 mins	Col B Subject	Col F Subject (S4) (S5&6 Do Private Study)	Col D Subject	Col B Subject	Col F Subject (S4) (S5&6 Do Private Study)
45-60 mins	Col C Subject	Col A Subject	Col E Subject	Col C Subject	Task from Home Learning For All 'Team'
45-60 mins	Col D Subject	Col B Subject	Col F Subject (S4) (S5&6 Do Private Study)	Col D Subject	
45-60 mins	Literacy Task	Numeracy Task	Health/Wellbeing Task	SE/PD Task	
Optional	Daily exercise/Workout Personal reading	Daily exercise/Workout Creative task	Daily exercise/Workout Mindfulness	Daily exercise/Workout Wellbeing walk	Daily exercise/Workout Act of Kindness