

LEADERSHIP OPPORTUNITIES

Please see below opportunities for senior pupils who are willing to volunteer in the Active Schools/ school programmes. The qualifications are free if you are willing to volunteer. Some of these may lead to paid work.

Parkour - Level 1 - 2 days at the end of November (must be 16 years old)

This qualification is designed for aspiring Parkour/Freerunning coaches to be supported in the development of their knowledge of how to effectively assist the coaching of Parkour/Freerunning sessions.

Cricket - Level 1 or Assistant (must be 16 years old)

(This will cover basic fun games and skills on how to teach the fundamentals of cricket to primary pupils)

Gymnastics - Level 1 (must be 16 years old)

This course will qualify you to be an assistant coach in general gymnastics.

General gymnastics is an exciting discipline to coach. Participants perform dynamic balances, flexibility stretches, and skills. You will also develop the skills to support participants on impressive apparatus such as beams, bars and vault. You get to work with mixed age groups and both male and female participants.

Athletics - must be 14 years old

(Jog Scotland or Athletics leaders course depending on interest. This course will give you techniques and games ideas to deliver the fundamentals of run, jump, throw)

Tennis - 2 hour course (must be 14 years old)

(Tennis leaders shows how to set up and deliver fun tennis blocks. Will also cover Miss Hits programme for p1 and up)

Basketball Making it Happen Course (must be 14 years old)

Description: This course is an exciting practical based course, designed for anyone wishing to gain a foundational understanding of coaching and officiating or a better general understanding of the game.

Swimming Teacher qualification (must be 16 years old) You will be linked with a club to volunteer and they will put you forward for the course.

- 11th Feb/ 14th and 15th Feb at the school (9am-5pm), 25th Feb, 27th Feb, 4th, 5th and 11th March (1pm -9pm) This is an intense course and requires a lot of commitment but it is a great qualification and is very rewarding.

NPLQ (must be 16 years old) You will be linked with a club to volunteer and they will put you forward for the course.

Must be a competent swimmer as there is a swim test.

Monday 14th - 18th February 9am -5pm Forrester High School pool)

<http://>



Complete the form

Questions: please contact me shona.clark@ea.edin.sch.uk



SCAN ME

