

02 FEBRUARY 2023

NEWS & OPPORTUNITIES IN NW EDINBURGH

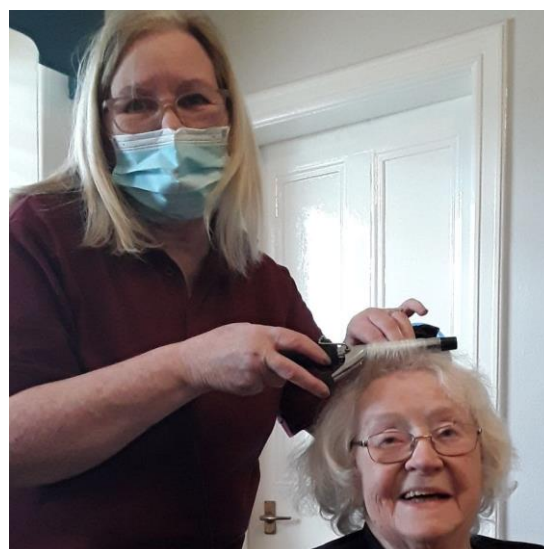


Free support this Winter February 2023

Free home haircuts for people living with dementia

Hair salons and barber shops can be loud and busy places which can make them overwhelming for people living with dementia. Our new specially designed service will ensure people living with dementia can continue to experience the joys and benefits of professional hair care in the comfort of their own homes, helping them to feel like themselves, boosting their self-esteem and improving their overall wellbeing.

Thanks to funding from Age Scotland's About Dementia Fund we are able to pilot this project and provide the service for free until Autumn 2023.



The service will be launching soon. It will be available to people living with dementia in EH4, EH5 and EH12 as well as unpaid carers that they live with. If you, or someone you know, is interested in signing up to use the service when it launches, please get in touch! Call us on 0131 343 0940 or click below to sign up online.

[Sign up](#)

To find out more visit our website: [Forget-me-not Home Salon - Home haircuts for people living with dementia - LifeCare Edinburgh \(lifecare-edinburgh.org.uk\)](https://lifecare-edinburgh.org.uk/forget-me-not-home-salon)

Free groups and activities for unpaid carers and those they support

Unpaid carers and those they look after are invited to join us at the LifeCare Centre to enjoy new activities, relax and meet other unpaid carers. Our first selection of activities include; pilates, movement therapy, jazz dance, mindfulness and sporting memories reminiscence sessions. All the sessions are free thanks to funding from Short Breaks Fund and are designed to be accessible to all ages and abilities.



To find out more information on the latest activities visit our website: [Groups & Activities - Stockbridge Edinburgh- LifeCare Edinburgh \(lifecare-edinburgh.org.uk\)](https://lifecare-edinburgh.org.uk/groups-activities)

Free hot meals for people on low incomes

Thanks to our funders we are able to provide our Meals on Wheels service for free to people living on low incomes. Clients receive fresh, nutritious meals, delivered hot and ready to eat to their door.

Thanks to:

Cruden Foundation

Feith Chooses

Nancie Massey Charitable Trust

The Queensberry House Trust

The Stafford Trust

WM Mann Charitable Trust



To find out more information and sign up visit: [Meals On Wheels - Fresh hot meals delivered - LifeCare Edinburgh \(lifecare-edinburgh.org.uk\)](https://lifecare-edinburgh.org.uk/meals-on-wheels)

Free warm space for the community

Thanks to funding from The Edinburgh Wellbeing Pact 'Cooie in for Winter' Fund and Inverleith Neighbourhood Network, we have been able to open our café space on weekends this winter, offering people a warm and welcoming space to relax, read, play games and enjoy free hot drinks and soup. Everyone is welcome to just drop in. Visit our website for details of upcoming sessions. [Warm Space - LifeCare Edinburgh \(lifecare-edinburgh.org.uk\)](http://lifecare-edinburgh.org.uk)



Help us continue to provide vital support for free to older people in Edinburgh

[Donate](#)

LifeCare Edinburgh
2 Cheyne Street Edinburgh EH4 1JB

General Enquiries
0131 343 0940

Outreach
0131 343 0944

Dean Club
0131 343 0946

St Bernard's
0131 343 0945

Meals on Wheels
0131 343 0940
Help at Home
0131 343 0950

The Cottage
0131 657 4101

[Visit our website](#)

Holy Cross Church Hall, DMains
36 Quality Street, Edinburgh EH4 5BS

HOLIDAY TODDLERS

play, songs, story, parachute games

Monday 13th & Tuesday 14th February

10 – 11:30am

for 0-5s and their grown-ups

**free, with hot drinks for grown-ups
bring snacks for children**



No need to book.

For more information contact Izzy,

Children's Minister: 07464 611553

families.hce@gmail.com

 @HolyCrossEdinburgh





warm welcome

Spend some time on your own
looking at a fantastic view of the
Pentlands, have a warm drink, do a
jigsaw, read the paper, play a game
or chat with others. All for free and
in a warm space

WEDNESDAYS 1-4PM
SPACE TO BE, GYLE SHOPPING
CENTRE, NEXT TO CHOPSTIXS

www.spacetobe.live

Space to Be is now open!

The community space at Gyle Shopping Centre is now open to the public. Groups and individuals have started to use it and we are all finding our feet! From Wednesday 8th Feb we will be open as a warm and welcoming space. Please do tell others and come down and have a nose around yourself. There's a fantastic leather chair, just right for curling up with a book or a paper and forgetting the world for half an hour or so.

For more information and if you would like to book some of the space for a group or an activity please click the link below.

[More information](#)

LATEST NEWS: Fresh Start garden goes solar thanks to the power of Council's community benefits scheme

A community growing hub which helps people who have been homeless has become the latest local project to benefit from the Council's community benefits scheme.



Following a great deal of community-based support from buildings solutions service John G Macintosh (JGM), the Pilton-based charity is now benefitting from a new solar power pack – meaning green-fingered volunteers can put the kettle on and enjoy a chat and a tea break while their garden tools charge up.

Allowing everyone involved in the Fresh Start community garden at Ferry Road Drive to shelter from the elements, JGM's community benefits also includes a new leisure unit, new tables and growing tubs worth £12,000.

Fresh Start is an Edinburgh based charity helping people who have been homeless get established in their new home. Working with volunteers and community organisations, it delivers a range of services which provide practical and social support to help people resettle successfully.

Adrienne Mee, Community Growing Manager at Fresh Start, said:

The help we've received for the project has exceeded our expectations. The installation of the container is perfect for our planned tool lending library as well as shelter from the weather during gardening sessions. In the spring we will be able to offer garden workshops and tools for people in the area.

It's a great resource and we hope it will encourage people to have a go at gardening and help them develop their back greens or grow fruit or vegetables on their balconies. The tables and planters will help us to make this a really nice area for people who live in the flats to relax and enjoy being outside once the weather warms up.



Circle's 2023 Event Calendar!



[Sign up to a Circle fundraising event now!](#)

Are you looking for a challenge in 2023? Why not sign up to take part in one of our Circle events, such as a Kiltwalk, marathon, or our annual DARED Challenge, whilst raising money to support our children and families.

Circle events are a vital part of the fundraising that helps us continue to provide services to support children and families across Central Scotland. We have a range of events you can take part in, suitable for all fitness levels and you can choose to walk, run, or cycle your way towards helping us raise money. We have recently published our **2023 events calendar**, which gives you all the information you need about our events, and how to sign up.

Sign up now to take part in a fundraising event for Circle and help provide direct support to children and families living in some of the most disadvantaged communities in Central Scotland.

If none of our events take your fancy, there are lots of other ways that you can fundraise for Circle, whether it is organising a bake sale, taking part in a challenge or hosting an event to bring people together.



Every penny of your fundraising will be used to support those that are most at risk of the rising energy bills, increasing food costs and the resulting mental and physical health impacts.

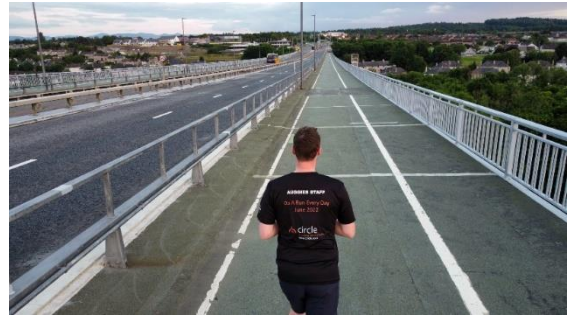
If you have any questions about our events, or would like any further information, please don't hesitate to get in touch- we love to hear from all of our **fundraising hero's!**

All the best, [Circle](#)

[Get in touch](#)

Benefits of taking part in an event for Circle!

Our range of events attracts people of all fitness levels, backgrounds and for a real variety of reasons. Here's just a few reasons why YOU should sign up to take part in a fundraising event this year for Circle:



1. To raise money for Circle's children and families, to help them lead happier, healthier lives
2. It's a great opportunity to set yourself a challenge and help achieve those new years resolutions
3. You'll get a free fundraising pack, t-shirt, & materials to help maximise your fundraising, as well as a load of support from Circle along the way
4. Most importantly, you'll have a huge amount of fun!

There are lots of opportunities to try something new and set yourself a challenge, so get involved now by taking part in one of our events!

[Request your free Fundraising Pack and T-shirt!](#)

[Who you are supporting](#)

Circle works alongside families to build confidence and self-esteem, to develop positive relationships within their community, to strengthen their finances and to make important changes to their lifestyle and environment.

This work enables, and empowers, families to overcome challenges including substance use, parental imprisonment, persistent poverty, domestic abuse, poor housing conditions and physical and mental ill-health.



The double burden of the cost-of-living crisis, and the effects of the pandemic have plunged many of our families into deeper poverty, and caused an increased pressure on our services, meaning we need your support now more than ever.



Due to the multiple and complex needs these families have, they often struggle to access appropriate and tailored support which can leave them isolated, excluded and stigmatised whilst also experiencing shame and anxiety.

Circle therefore aims to deliver a range of family led outreach services that receive referrals from local health professionals, criminal justice, schools and community hubs as well as being open to self-referrals. The fact that our support is undertaken voluntarily enables us to build a trusting relationship with families and provide them with help that is non-judgmental or time limited.

Thank you again for supporting Circle's vital work in some of Scotland's most disadvantaged communities.

If you have any questions about fundraising for us, or about our work in general, please just get in touch.

All the best, [Circle](#)

FUNDING, VACANCIES & OPPORTUNITIES



Youth Worker



- Corstorphine Community Centre
5 Kirk Loan
- Sessional Post
Thursday Evenings 5.30pm -8.30pm
£12-£14 P/H dependent on experience

Role

Corstorphine Community Centre (CCC) is a charity running a shop and Hub collaborating with other local organisations to provide a range of activities across the local area.
We are looking to fill the post of sessional Youth Worker

Are you:

- Experienced in working with young people?
Available to start with immediate effect?
- Committed to being a champion for young people's rights?
- Able to forge strong, authentic relationships, whilst keeping boundaries?
- Enthusiastic, confident and supportive?

To be considered for this opportunity, you will need:

- To be flexible in your approach to work
- Proven experience of working effectively with young people 12+yrs

If you are community minded, able to work on your own initiative and have the skills and experience we are looking for, please email: youthwork@ccchub.online to request the application pack.

Completed application forms need to be received by 1pm on Thursday 9th February 2023

Successful candidates will be subject to PVG screening

Interviews will be held in the afternoon/ early evening of Thursday 16th February 2023 (in person)

Young people will form part of the interview panel

OFFICES & ROOMS FOR RENT

INCLUDES:

FURNISHED OFFICE
ONSITE PARKING
INTERNET
MEETING ROOMS



CENTRAL LOCATION
3 MILES FROM HAYMARKET
RELIABLE TRANSPORT LINKS

COMPETITIVE RATES
SHORT OR LONG TERM
OPPORTUNITIES
SMALL OFFICE SPACE
MEETING SPACE

BOOKING FORM -
CORSTORPHINE COMMUNITY
CENTRE

5 KIRK LOAN - CORSTORPHINE
WWW.CORSTORPHINECOMMUNITYCENTRE.ORG.UK

LINKnet Mentoring Ltd Vacancies 2023

Maternity Cover

Development officer- Mentoring and Training in Edinburgh project

- Full-time (36 hours per week) From June to the end of Nov 2023) plus
- Part-time (18 hours per week) for April and May 2023
- Salary: £24,000 per annum full-time (part-time-pro-rata)
- Annual Leave-28 days per year (pro-rata)

LINKnet Mentoring Limited is based in Edinburgh and provides mentoring support to minority ethnic people on career, education and personal development as its core service.

The post holder will be responsible for some developmental and some admin aspects of this project **sponsored by the City of Edinburgh Council**

Job aspects: To do out-reach work to promote the project to mentees and mentors. The post holder will make suitable service pairs, manage, monitor and evaluate progress of the mentees. (Full job description is available as part of the recruitment pack).

For an application pack, please email: linknet2@linknetmentoring.com

Closing date: 12pm-Tue 21-02-2023

As an equal opportunities provider, LINKnet wishes to particularly encourage people from disadvantaged groups of society to apply

LINKnet Mentoring Ltd , 31 Guthrie Street , Edinburgh , EH1 1JG

Phone: 0131 2614463 Website: <http://www.linknetmentoring.com>

Although I try to filter events that have passed, cancelled or changed, please check dates and times with organiser, thanks, Elaine

Please email me at elaine.lennon@edinburgh.gov.uk if you have any community news to share. Preferred format is a link to your website or a jpeg or word docume, and nt if possible, and I would ask you to give me as much notice of events as possible to enable local people to attend if interested.

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