

09 FEBRUARY 2023

NEWS & OPPORTUNITIES IN NW EDINBURGH

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*We are pleased to announce the **Painting for Pleasure weekend workshops** at granton:hub, Madelvic House. This will take place **Saturday 11th February, 10am - 4.30pm.** (other weekend dates*

available) Painting tutor: Gareth Hutchison. Full Price: £25 (£20 for granton:hub members and for state benefits/pension holders).

The Painting for Pleasure weekend workshop offers a wonderful and enjoyable creative experience with full 1-to-1 professional guidance & support at an affordable price. Welcome to all adults, whatever your age, creative experience or artistic ability. Enjoy the creative process and the time to practice painting for a whole day in the relaxing social atmosphere of Madelvic House.

To book or get further details about 'Painting for Pleasure' weekend workshops and up-coming dates, please contact Gareth Hutchison at:

g.hutchison@hotmail.com

Please join us at granton:hub on **Sunday 19th February**, 5:30 - 7pm. This will be a relaxed opportunity to hear about and help shape our plans for 2023, meet



other members and socialise over some refreshments. We are excited to be joined by [Bows and Bridges](#) for some musical entertainment too. This meeting is for all current members of Granton hub - and anyone who is interested in becoming a member. Membership is currently free and open to all those living in EH4, EH5 and EH6 postcodes.

Sunday evening, 19 February - Read and Mend, 7.30-9pm

Inspired by the Icelandic tradition of kvöldvaka, we would like to invite you to spend a few hours together, mindfully crafting, while listening to a story. Bring your sewing, knitting or mending project along, as well as a story you may want to share with the others (optional) and we will take turns reading, telling, reciting or singing to bring some light into the dark hours. Spaces are limited, to book contact wildflowers@grantonhub.org
Suggested Donation £2 + extra for materials.

Exhibition opportunity for 2023

granton:hub would like to invite visual artists and makers, as well as artist collectives/groups to use Madelvic House as the location for their next exhibition. This call for expressions of interest is open to painters, sculptors, illustrators, printmakers, photographers, textile artists, ceramicists, jewellers, plus new media artists. To send in an expression of interest [check our website](#) for details how to submit.

Vacancy for new Chair

The Board of Trustees is looking to recruit a new Chair. We are looking for someone who can provide leadership to the charity and its Board. You will be a key member of our board, who are all active volunteers within the hub, shaping the future of the organisation, ensuring that the hub continues to be a welcoming, creative space supporting local heritage and culture. If you are interested or wish to find out more please contact chair@grantonhub.org. More info is on [the website](#)

Other regular activities during the week:

NEW: Monday: 13 Feb onwards, 7-8:15pm, Slow Flow Yoga. A slow evening class where we will wind down from the day together. We'll start out with a slightly (but not very) dynamic flow and then work our way down to the mat for some rest and relaxation. For more info and to book, [check the website](#)

Tuesday - Hannah King Yoga sessions are held every Tuesday mornings 9:30-10:45, COST: £5/7/9. To book, [check the website](#)

Wednesday: The Pantry provides access to fresh, chilled and ambient foods on a fortnightly basis to around 30 households in the local area. Come along between 10.30-11.30. Dates are 15/2, 1/3, 15/3 and the final one is to be held 29/3.

Friday: Sitting at Dawn is a morning meditation group that meets on Fridays from 7.15am to 8.45am. There is no need to book. Recommended donation £3-£5

Finally, we're happy to announce that we have recruited a part-time Development Worker for our History and Art project, Filling the GAP who will collaborate with our history group and volunteers over the coming months to develop and expand the Granton Archive and engage the community in its resources. More information to come soon - or get in touch if you'd like to be involved. If you have any questions then please contact community@grantonhub.org

To make an inquiry to book one of the 3 rooms we have available, please contact events@grantonhub.org. Our room hire details including the rates are available on the website <https://grantonhub.org/room-hire-at-madelvic-house/>

Special notice: Madelvic House is not fully accessible. We do have a portable ramp to allow wheelchair and powerchair users to get into the building, which you will have access to, and once in the building there is level access but there is no wheelchair accessible toilet.

Getting here – Madelvic House is just off the cycle path, has a dedicated car park and is a 2 minute walk from the number 19, 16 and 200 bus stop. Address is Madelvic House, Granton Park Avenue, Edinburgh EH5 1HS



Welcome to the Women's Merchandise Fair

PLEASE VISIT LINKET'S FAIR' WHERE PRODUCTS OF MINORITY ETHNIC WOMEN ARE DISPLAYED AND SOLD.

VISITORS CAN

* SEE

* CHOOSE AND BUY

* ENJOY THE DAY WITH FOOD AND DRINK (SOLD)

Free entry

ONLY CASH

Some of the items available are

Products of:

North-African (Morocco, Algeria, Egypt)

African (Sudanese)

European (Italian, Ukrainian)

Arabic (Oman, Yemen)

Middle Eastern (Palestine, Syria) and more other countries to come

Date: Saturday the 25th of February

Time: 11:30am to 5:30pm

Venue: Southside Community Centre 117 Nicolson ST. Newington EH8 9ER

For further information contact:

Afaf Azzahari at: linknet2@linknetmentoring.com/07447228686 or

Hala at Number/ 07542123962(whatsapp)



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CONSULTATIONS & SURVEYS

[Community Wealth Building Consultation](#)

[New Self-Harm Strategy](#)

EVENTS

[Self-Neglect and Hoarding Learning Event](#) (20 Feb)

[Women's Merchandise Fair](#) (25 Feb)

[Cost of Living Crisis & Social Innovation](#) (28 Feb)

[The Gathering 2023 - Save the Date](#) (6 & 7 Nov)

FUNDING

EVOC SUPPORT

We are here to offer help and support to community and voluntary organisations across Edinburgh.

This includes a range of opportunities:

- [Development & training opportunities](#)
- [Events, seminars and workshops](#)

[Edinburgh Community Climate Fund](#)
[South Queensferry & North West Edinburgh Funding Opportunity](#)

NEWS

[Deputation to City of Edinburgh Council: Tue 7 Feb 2023](#)

[TSI Scotland Network Actions Overview](#)

[Inspiring Volunteer Awards 2023](#)

SUPPORT & TRAINING

[Adult Support & Protection Training](#)

[Other Training Opportunities](#)

- [FREE governance and fundraising courses](#)
- [Membership benefits](#)
- [Projects & Partnerships](#)
- [Red Book Directory](#)
- [Tailored organisational support](#)
- Themed forums and networks:
 - [Community Link Worker Network](#)
 - [Carers Forum](#)
 - [Children, Young People & Families Network](#)
 - [Disability Forum](#)
 - [Health Walk Network](#)
 - [Mental Health Forum](#)
 - [Older People's Service Providers' Forum](#)
 - [Small Area Networks](#)
 - [Substance Use Network Edinburgh](#)
 - [Voluntary Sector Forums](#)



JOIN OUR TEAM

We're looking for enthusiastic and passionate people to help us support the community and voluntary sector in Edinburgh...

Inspiring Volunteer Awards 2023: Nominations Open

Nominations for this years Inspiring Volunteer Awards 2023 are now open.

Every volunteer who is nominated will receive a certificate, and a number of specially selected volunteers will be invited to an event hosted by Edinburgh's Rt Hon Lord Provost Robert Aldridge at the City Chambers.

Closing date for nominations is Fri 31 Mar, so don't delay and nominate today. [Find out more](#)



Our mailing address is: EVOC, 525 Ferry Road, Edinburgh, EH5 2FF



Hello and welcome to issue #42 and our first edition of 2023. I hope 2023 is turning out to be a good year for you. It's been a busy start to the year for the Thrive Team. We are really grateful for all the stakeholders who contributed to our recent **Creating Hope Together – Action planning for Edinburgh's suicide prevention plan** and **Developing Trauma Informed Practice event** where we considered what would an Edinburgh Trauma Informed city look and be like. We will be posting both our reports on our Edinburgh Thrive Website and encourage all to review and let us have any further thoughts and comments. There are two national draft sets of standards being consulted upon by the Scottish Government and two of our **Thrive On Thursday** sessions will be focussing on these – please look out for the dates. Please send any news or articles you would us to include in next edition by 3 March. linda.irvinefitzpatrick@nhslothian.scot.nhs.uk,

Read the latest issue here: <https://www.edinburghthrive.com/news>

Healthy Little Foodies

Also, please share with any partners who are supporting families with small children.

As mentioned below, we will offer breakfast to any families coming along from 9.15am and the workshops start at 10am. Families can register their interest for either or both workshops using the QR code on the e-flyers attached, or using this link <https://forms.office.com/e/VuPEsDBbhB> (or you can do this for them)

Healthy Little Foodies Weaning Workshop – Tuesday 28th February 10am – 11am – families are welcome to join us from 9.15 for pre-workshop breakfast. Aimed at parents and carers who are introducing foods to their babies for the first time, this workshop looks at:

- signs of readiness to look out for
- what first foods to start with and how to progress through food groups and textures
- tips for preventing fussy eating in later life
- lots of recipes to try
- chat with other parents and carers with babies the same age

Healthy Little Foodies Fussy Eaters' Workshop – Tuesday 7th March 10am – 11am – families are welcome to join us from 9.15 for pre-workshop breakfast. Aimed at parents of children around 1-6 years experiencing difficulties around stressful mealtimes and their child's restrictive eating behaviours. This workshop covers:

- Why do children develop fussy eating behaviours?
- Planning for a positive mealtime – what can I do in advance?
- Control and choice – getting the balance right.
- At the table – techniques to use during mealtimes.
- Appetite and portion sizes
- Talking about food – how our language plays a part.

Healthy Little Foodies



Women Supporting Women
@PCHP

Tuesday 28th February 10-11am
Pilton Community Health Project

WEANING WORKSHOP
A guide to introducing first
foods to your baby

**Q & A session with our
Early Years Nutrition Specialist**

To book your place
use the QR code below:



Pilton Community Health Project 73 Boswall Parkway Edinburgh EH5 2PW
We are a charitable company limited by guarantee registered in Edinburgh 339435 Charity number SC018460



Scottish Government
Riaghaltas na h-Alba
gov.scot



Healthy Little Foodies

edinburgh
community
food



Women Supporting Women
@PCHP

Tuesday 7th March 10-11am
Pilton Community Health Project

FUSSY EATING WORKSHOP

Practical techniques for
managing picky eating
behaviours

Q & A session with our
Early Years Nutrition Specialist

To book your place
use the QR code below:



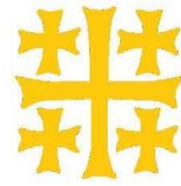
Pilton Community Health Project 73 Boswall Parkway Edinburgh EH5 2PW
We are a charitable company limited by guarantee registered in Edinburgh 339435 Charity number SC018460



Scottish Government
Riaghaltas na h-Alba
gov.scot



Holy Cross Children's Ministry



February 2023 Contact: Izzy Armstrong-Holmes families.hce@gmail.com

IN THIS ISSUE

- Introducing... myself!
- What's on for children and families
- Around the church
- From the hall
- Get involved
- Stay in touch
- About Holy Cross

INTRODUCING... MYSELF!

Hello! I'm Izzy Armstrong-Holmes, the Children's Minister at Holy Cross. I run Toddler Church on a Friday morning, and on Sundays am usually to be found in the children's area of the church with my three year old daughter, Bess. I've been going to church most of my life, singing in church choirs and helping out with children's ministry. I'm married to Stephen, the Rector (i.e. priest) at Holy Cross. We lived in Edinburgh when we were first married, then moved to Cornwall for 18 months where our daughter was born, then missed Edinburgh so much that we came back! We've been at Holy Cross for three years this month.



Play Church at Holy Cross

I recently qualified as a Toddler Yoga Teacher, so with Toddler Church, Toddler Yoga and a toddler at home, toddlers are very much my life at the moment! Quite a change from my initial training as a Medieval Art Historian...

I'm also the 'Play Church Shepherd' for Edinburgh Diocese. This means that I look after the Play Church, a child-sized altar with child-sized vestments (robes), a miniature Communion set, and various other child-sized accessories. Play Church travels around churches in the Diocese, giving children an opportunity to learn playfully about worship, liturgy and ministry.

WHAT'S ON FOR CHILDREN AND FAMILIES?

Have a look through the following posters and adverts to see whether there is something that would suit you and your family. We would love you to join us!

Holy Cross Church, Davidson's Mains

**play, songs, Bible stories
explore our church**

at

TODDLER CHURCH

**Fridays in term time
10:30 – 12 noon
for 0-5s and their grown-ups**

**free, with hot drinks for grown-ups
bring snacks for children**

Contact Izzy, our Children's Minister:
families.hce@gmail.com
f @HolyCrossEdinburgh

**Holy Cross Church Hall, DMains
36 Quality Street, Edinburgh EH4 5BS**

HOLIDAY TODDLERS

play, songs, story, parachute games

**Monday 13th & Tuesday 14th February
10 – 11:30am
for 0-5s and their grown-ups**

**free, with hot drinks for grown-ups
bring snacks for children**

No need to book.
For more information contact Izzy,
Children's Minister: 07464 611553
families.hce@gmail.com
f @HolyCrossEdinburgh

Family Concerts

Our free family concerts are coming back! Short, informal concerts for 0-5s and their grown-ups, in collaboration with the charity Live Music now Scotland, who support young professional musicians. The last Sunday of the month, April – July at 2pm. Watch this space for more information...



Save the Date

Davidson's Mains Children's Gala, Saturday 17th June. We will have a stall. Come and see us!



AROUND THE CHURCH

Holy Week and Easter

This is the most important time in our year as a church community. The key dates are:

2nd April Palm Sunday

6th April Maundy Thursday

7th April Good Friday

9th April Easter Day

Details of services and events to follow in the next Newsletter...

Weekly services

Sunday: Eucharist 9am (a quiet, contemplative service) and 10:30am (a sung, all-age service)

Wednesday: Eucharist 10:30am (a quiet, contemplative service)

Thursday: Evening Prayer 5pm on Zoom. To join us, contact the Rector (see below)

Friday: Toddler Church, 10:30-12:00 in term time, for 0-5s and their grown-ups

1st Friday in month: Healing Service 2pm

Our Rector, Stephen, sends out a monthly e-magazine with details of the services and events happening in the church, and news from our community. If you would like to receive this, please email Stephen at rector.hce@gmail.com.

FROM THE HALL

News from the children's groups that meet in our church hall.



Monday Baby & Toddlers: A group for 0-5s with their grown-ups, meeting 9:30-11:30 on Mondays in term time. £2 per session, with the first session free. Snacks for children and hot drinks for grown-ups are provided. Contact via Facebook: [Monday Baby & Toddlers Playgroup](#) or email me and I will pass on your message: families.hce@gmail.com



Brownies: The 217a Brownie Pack need more leaders! If you'd be interested in helping out, please contact Anne Morrison (District Commissioner) via dcdmains@yahoo.com or 07977 143154.



Reindeer Playgroup: A friendly morning playgroup for two to five year olds on Tuesday to Friday mornings. They have vacancies each day, so please get in touch if you'd like your child to join Reindeer. Contact the Chair, Anne via reindeerplaygroupchair@gmail.com or have a look at their [website](#) or Facebook [Reindeer Playgroup](#). Also, keep an eye out in Tesco Davidson's Mains – Reindeer Playgroup is one of the options in the blue token collection at the moment. Please consider supporting them!

GET INVOLVED

If you'd like to get involved with our work with children and families, please contact me (details below). There are all sorts of things you can do to help. Here are a few ideas:

At groups and events: making tea and coffee, welcoming families, helping to run activities, setting up and packing away, advertising, planning.

Logistics: I don't drive so I always welcome help moving resources around or collecting large or bulky items from shops!

Fundraising: We need to raise funds to run our groups and activities; for equipment (yoga mats are the next priority); and later in the year to allow me to continue my work at Holy Cross. I'm currently supported by a one-year grant from the Diocese of Edinburgh.

Or perhaps you have suggestions for events or groups we could run, or ways in which we could support the families in our community. Please get in touch – I would love to hear from you!

STAY IN TOUCH

Izzy Armstrong-Holmes, Children's Minister

Email: families.hce@gmail.com Mobile: 07464 611553

Please get in touch if you have news to share, or if you would like to be added to my mailing list for this newsletter.

For even more regular updates, please follow us on Facebook: [Holy Cross, Davidson's Mains](#)

ABOUT HOLY CROSS

We are a Christian church. Everyone is welcome here, whether you are a person of faith or not. We hope that any contact you have with us will be a positive experience.

We are an inclusive church. There is no discrimination on the basis of gender or disability or race or age or sexual orientation or social class.



[View this email in your browser](#)

Lauriston Farm Newsletter #12

Imbolc has arrived and we're feeling springy. It's still too soon to plant anything tender, but it's perfect for tree planting, seed sharing and other preparations for the new growing season. In this newsletter:

- **Community Seed Sharing event on Saturday 18th February**
- **New tree planting dates for all, plus a joint tree planting event with Global Shapers for 18-30 year olds**
- **Drop-in volunteering**
- **Market Garden volunteering**
- **Your help needed with the wildlife protection zone**

Community Seed Sharing

Community Seed Sharing

**Saturday 18 Feb.
10am - 12 noon**

**Everyone welcome
whether your pockets
are brimming with seeds
or are needing filled.**

**FREE DROP-IN
no booking needed**



New tree planting

Wednesday 15th (1:30-3:30pm)

Thursday 16th (1:30-3:30pm)

Wednesday 22nd (11am-1pm)

New tree planting continues - come help and plant some agroforestry strips and native woodland areas across the farm. Tools, tea and biscuits provided!

[Tree planting Volunteer Signup](#)

Global Shapers Tree Planting Event (for 18-30 year olds)



Saturday 25th February 2-4:30pm

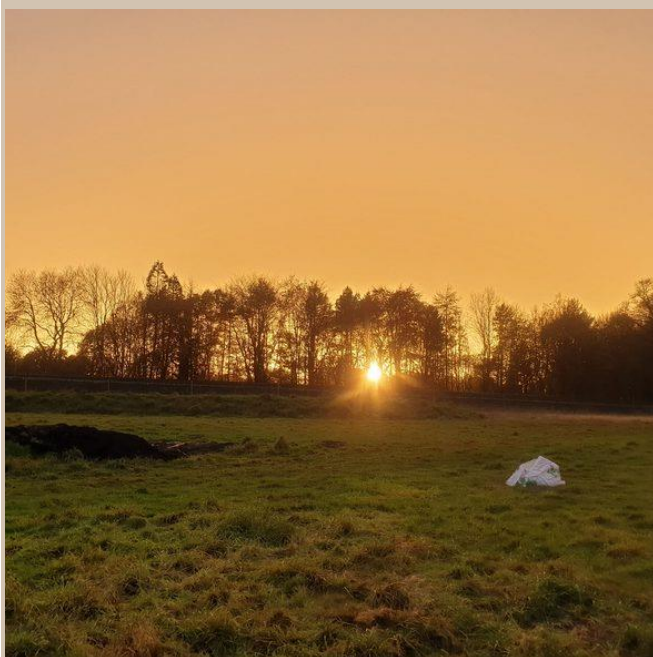
Lauriston Farm and the [Global Shapers Edinburgh Hub](#) are jointly organising a tree planting event to involve more young people (18-30 years) in Edinburgh's million-tree goal. Join us and treat yourself to an afternoon with trees and great company!

If interested, please kindly reach out to Sadikchya Singh at curator@globalshapersedinburgh.org

Community Garden drop-in

sessions Come and join us - gardening is a great way to stay warm! Sessions are still on winter hours: **Tuesdays & Thursdays 1-3pm**

Any questions, please email communityallotments@lauristonfarm.org



Market Garden volunteering

Thank you so much for the Market Garden volunteering sign ups. We're going to get so much done! There are just a few spaces left for the afternoon on Saturday 11th February if you'd like to join us:

[Market Garden Volunteer Signup](#)

Wildlife zone - community conversations

We've highlighted the protected zone on the new map, and you'll see this on signs around the farm. We know it has cut off the circular routes some people enjoyed walking, but we hope everyone will love seeing how this area thrives when left undisturbed.

Even with the best intentions, it's not possible to walk dogs near wildlife without causing disturbance. The fence is in place so that walkers and dogs can still visit without undermining the conservation efforts.

We are asking the farm community to help spread the word about the purpose of the fencing. Please take any chances you get to talk about wildlife habitat restoration at the farm - especially for curlews, which are in critical decline.

You can also help monitor wildlife using the [iNaturalist app](#) - you'll find Lauriston Farm under 'projects' and you can log your sightings from your farm visits.



Oystercatchers logged by Bob Glen on iNaturalist



Greylag geese logged by Bob Glen on iNaturalist



Western Roe Deer logged by Bob Glen on iNaturalist

Thank you for reading. Hope to see you at the groups, events, volunteering sessions or wildlife spotting on the farm.

from all at Edinburgh Agroecology Co-op, Lauriston Farm

[click to visit our website](#)



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You are receiving this email because you opted in via our website.

Our mailing address is:

Lauriston Farm, 67-69 Lauriston Farm Road, Lauriston Farm Road, Edinburgh, EH4 5EX

ALPHA IN THE COMMUNITY

MONDAYS FROM 6TH MARCH AT MIDDAY

GRANTON HUB, GRANTON PARK AVENUE, EH5 1HS



HOPE?

PURPOSE?

In 2022 1.3 million people across the world went on an Alpha course in search of hope and the answers to life's big questions

PEACE?

"I HAVE COME SO THAT THEY MAY HAVE LIFE, AND HAVE IT TO THE FULL"

WHAT IS ALPHA?

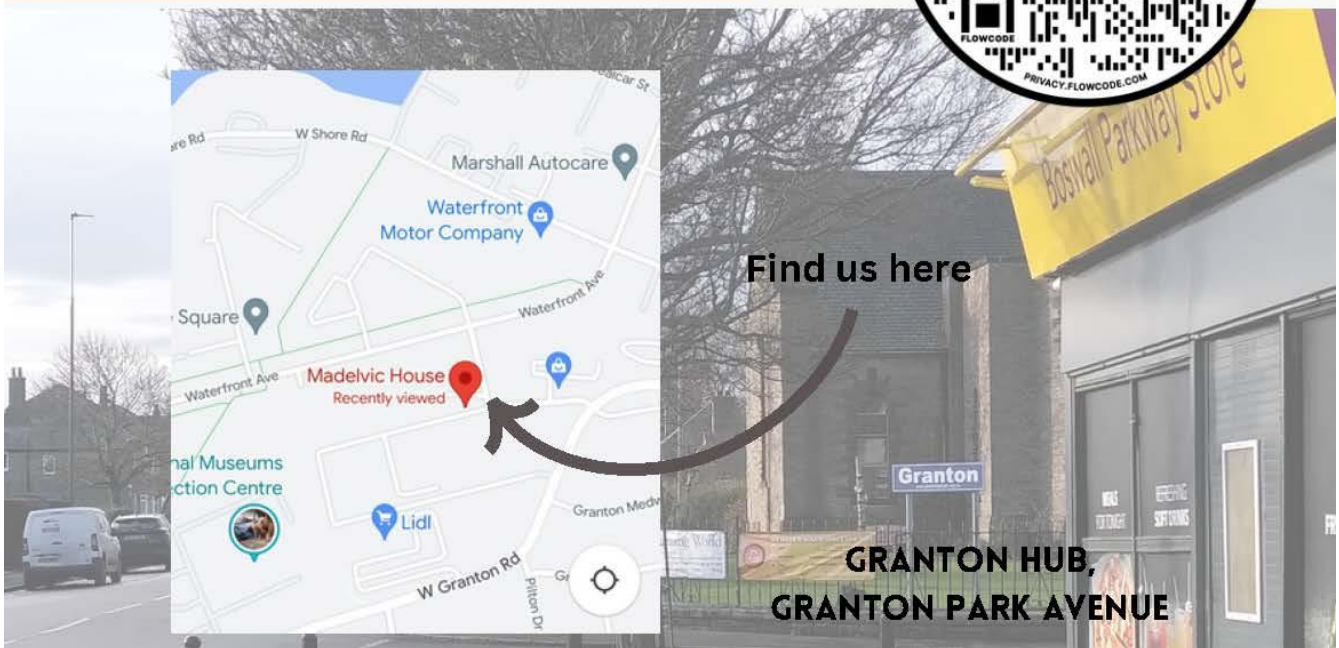


Alpha is a free 6 week course over Monday lunchtimes. We explore life and the Christian faith in an open and informal environment. Each week, we'll have soup and sandwiches from 12.00. We'll watch an Alpha video and spend time talking about it, finishing by 2.00.

There's no pressure to talk if you don't want to. Every opinion is valid and every question welcome. The course is open to everyone, especially those with tough questions about life and Christianity.

We can't offer formal childcare but children are welcome. Pets too!

Scan the QR code to visit our website or text 07999960541 for more info and to let us know you're coming



Welcome to your February Newsletter

We are delighted to announce that we are one of five organisations that have been awarded funding to develop Meeting Centres for people affected by dementia in Scotland. The £10,000 award will go towards opening a social space and community support for people living with dementia, their families and unpaid carers.



Funds have been allocated through the Meeting Centres' **Seedcorn Fund**, part of the partnership between the Scottish Government and Age Scotland's About Dementia project.

Support is designed around attendees' individual needs and activities are selected by members themselves based upon their interests, in order to help people affected by dementia adjust to the changes that often follow diagnosis and contribute to positive outcomes in the longer-term.

Many of you already know that Heart of Newhaven is also a partner in **Restoration Forth**, a community-led project to restore seagrass meadows and native oysters in the Firth of Forth. Led by WWF and sponsored by funders Aviva, Scottish Power Foundation, MoonDance Foundation and NatureScot, Heart of Newhaven is one of six project 'hubs' helping local people in Newhaven and nearby areas to get involved in the project. If you live locally and would like to know more about Restoration Forth please contact us on admin@heartofnewhaven.co.uk.

For more info see www.org.uk/scotland/restoration-forth or to see the map which is beginning to show the species as they come in click here:

<https://tinyurl.com/2awvddpw>



Edinburgh Community Climate Action Network is uniting community groups across the city and inviting everyone to take part in the development of a Community

Climate Hub. The Network and Hub will be co-created by the people doing the work in their communities. This could involve, for example, knowledge-sharing and collaboration with other community groups, access to supporting organisations such as funders, policymakers and industry experts, support for administration and management, and collective lobbying.

On 16th February the Network will be holding the Winter Gathering in the Grassmarket, (86 Candlemaker Row) where new connections and partnerships will be forged, creating a map for a living city, and planning how a community network will support communities to make that future happen. Everyone is welcome to attend the event, either as an individual, or from a community group.

Here is the link to the [ECAN website](#), and the upcoming 16th February [event](#).

A reminder - Warm & Welcoming began on Wednesday 1st February and the room will be open to all-comers every Wednesday and Saturday morning from now on, from 9am till 12 noon. The first session saw a small but appreciative number of visitors who enjoyed their tea and coffee and reminiscing over some old photographs of Newhaven. Ace IT were on hand to help with computer and phone problems and there were toys, books and games available for all ages.

We have a new user settling into the Heart. Kissy is offering **Maths and English tuition** to school pupils of all ages and will be running after-school sessions in the Anchor building, Monday to Friday, 4-6pm.

If you're interested, you can contact her on 07873682133.



Finally, a couple of pleas. We're still looking for any potential volunteers out there who have community fund-raising or event-organising experience. Your help is needed to plan future events at the Heart. Please get in touch with admin@heartofnewhaven.co.uk or through the [volunteering](#) page on the website. Alternatively, contact any of the trustees.

We're also on the lookout for new trustees who would like to make a difference in their community. If you have legal, HR, marketing, fund-raising or secretarial experience, and live within our Area of Benefit, the Board would like to hear from you. Please get in touch. [Heart of Newhaven](#)

Finally, we have been the recipients of some generous donations of old fishwives' costumes and would love to be able to display them to their best advantage. Does anyone have any old **dressmakers' dummies** they no longer use, or perhaps a local business has some old shop window **mannequins** that are due for the scrapheap. Please consider donating them to us so that we can display our fine costumes. Contact christine.mcderment@heartofnewhaven.co.uk

Thank you.



The Heart of Newhaven Community SCIO SCO49919

Our mailing address is:

Heart of Newhaven Community, c/o Victoria Primary School, Newhaven Main Street, Edinburgh, EH6 4HY

23rd February

Join us!

**FOOD TASTING, MUSIC, TOURS,
REMINISCENCE, HOLISTIC TREATMENTS,
INFORMATION STALLS & WORKSHOP
DEMONSTRATIONS**

Coorie in for
Winter

**Doors
Open 6:45**

7:00 pm - 8:30 pm

**An opportunity to connect with your community,
see what's happening in The Heart, meet people
who are based here and try your hand at creative
activities.**



**THE HEART OF NEWHAVEN COMMUNITY
4-6 MAIN ST, NEWHAVEN, EH6 4HY**

**Edinburgh Health and
Social Care Partnership**







Supporting our community to improve physical and mental wellbeing.
 Watch out for wonderful Facebook posts from Local Groups.
 Please Note Some activities in this leaflet may make a small charge to cover costs

Volunteering Opportunities

The Sorted Project

The sorted Project is a charity in Edinburgh supporting men and women in recovery with a range of complex health needs including substance use and mental health. We provide our unique service on board Panacea, a purpose built 60ft x 10ft canal boat.

Volunteers are always welcome – Learn to become a crew member and help with conservation projects along the canalside.

For further information contact Karen@sortedproject.co.uk or phone/text Karen on 07425 147635

Energize Health and Fitness

Volunteer roles helping out in our café. Trustees also required for Edinburgh Park Leisure. Contact Chris at admin@energizegym.co.uk

Corstorphine Community Centre

Do you want to: Run a group, Work in the charity shop, Join the Committee?
 Contact Alison Volunteers@ccchub.online

Volunteer Edinburgh

Help, just when you need it!

Volunteer Edinburgh are aiding people by offering volunteers to assist with practical tasks with a time-limited approach through our team of 400+ ready and willing Community Taskforce Volunteers.

What occasional and time-limited tasks can we help with?

We have fantastic success in going on shopping trips with a shopping list for people that cannot go to the shops to buy for themselves.
 We also support after-hospital discharge, prescription collection and deliveries, help with light waste management (i.e., Taking bin bags to the street or recycling), walking dogs on a short-term basis, tidying gardens, going to the Post Office to mail items etc., 10-minute doorstep chat and meeting people at an appointment.

How do you get in contact with us?

Visit our website voled.in/taskforce
 Email us taskforce@volunteeredinburgh.org.uk Call us at 0131 561 8309 or 07958 540438

Any organisation wishing to have information included in the March edition of the newsletter should submit information to tommy.awvst@gmail.com or admin@energizegym.co.uk by 20th February 2023

- Published by A&WVSF
- Project Funded by CEC



Almond & Western Voluntary Sector Forum

Bringing People Together



Voluntary Sector activity programme in the West Edinburgh Area February 2023

<https://facebook.com/awe.voluntary.sector>

St Paul's Community Centre - 10 Backley Road - 01875 7201 - 01223 523 7120

We are open every evening from 7pm to 11pm, 7 days a week.

For more information call 01875 7201 or visit our website: www.stpauls.org.uk

Music sessions

Young and Old to Young - An intergenerational singing club by Music Care for Old People and Music for Children's Trust.

Call your own GP for more information on how to join.

A group of older - 8am to 9.15pm - Visit the Marine Community Centre from 8.15 - 9.15am on the following dates (all times)

1st February, 11th March, 28th April, 11th May and 1st June

Come along and enjoy a meal, a drink and playing games. If you're over 60, and ready to go together.

The drinks will be really nice and really well chosen.

Research Community Centre - 6 Rannoch Square, Bedford Row Road, 01875 629 5032

9.00am

1.00pm - 1.30pm - 10am - 11am

1.30pm - 3.00pm - 11am - 12.00pm

3.00pm

4.00pm - 12.00pm - 12.00pm - 1.00pm

1.00pm - 3pm - 12.00pm - 12.00pm

11.00am - 12.00pm

12.00pm - 1.00pm

1.00pm - 3.00pm

3.00pm - 4.00pm

10.00am

10.00am - 11.00am

11.00am

11.00am - 12.00pm

12.00pm

11.00am

11.00am - 12.00pm

12.00pm

12.00pm - 1.00pm

For more information on all the activities offered by the club please contact the Centre Office on 01875 629 5032

or visit our website: www.researchcc.org.uk

Pauline Mather Day Club - 1000s Progression Club, 72 Exchange Road

10.00am - 11.00am - 10.00am - 11.00am

Activities include: card, puzzles, dominoes, board games, etc.

Enjoy meeting your friends and playing dominoes, board games, puzzles, etc. and playing dominoes and board games.

It is a social and fun club, open to anyone and everyone, and is open to anyone and everyone.

Contact: Pauline Mather on 01875 629 5032 or visit our website: www.paulinematherclub.org.uk

10.00am - 11.00am - 10.00am - 11.00am

11.00am - 12.00pm - 11.00am - 12.00pm

Activities include: card, puzzles, dominoes, board games, etc.

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FUNDING, VACANCIES & OPPORTUNITIES

Edinburgh Community Climate Fund



The [Edinburgh Community Climate Fund](#) has been set up to support communities to develop ideas and projects aimed at making Edinburgh a greener city. It has £100,000 to invest in community projects that will help the city meet its climate change targets. Local communities and groups will have the chance to have a direct say on how the money is spent.

Up to £20,000 will be available for community projects that fit the criteria and groups will be invited to submit ideas in January.

[Find out more](#) | [Register your interest](#)

South Queensferry & North West Edinburgh Funding Opportunity

Each quarter Tesco customers are able to choose from 3 shortlisted projects promoted in their local stores. The promotion runs for 3 months and after the votes are counted each of the projects receives a funding award - £1,500, £1,000 and £500.



Tesco Community Grants are looking for applications for the April – May customer vote (awards in July 2023) at Tesco South Queensferry, Tesco Edinburgh Davidson Metro and Tesco Edinburgh Queensferry Road Express.

Applications need to be submitted by **Mon 13 Feb 2023**.

[Find our more & apply](#)

Although I try to filter events that have passed, cancelled or changed, please check dates and times with organiser, thanks, Elaine

Please email me at elaine.lennon@edinburgh.gov.uk if you have any community news to share. Preferred format is a link to your website or a jpeg or word docume, and nt if possible, and I would ask you to give me as much notice of events as possible to enable local people to attend if interested.

We will only use any data to provide you with updates associated with the North West Locality and your data will not be shared. This is in line with the [City of Edinburgh Council's Privacy Notice](#).

You can opt out at any time by [using this link to unsubscribe](#).