

The Heart's Dementia Meeting Centre

You are invited to our next Dementia-friendly Tea and Blether on **Wednesday 30th August, from 2 to 4 pm at The Heart of Newhaven Community**, 4-6 Main Street, Newhaven, Edinburgh EH6 4HY.

Are you a person living with dementia, or a family member, friend, or informal carer of someone living with dementia?

Join us for a Football Memories chat & and quiz, with tea and cake!



Copyright <https://footballmemories.scot/>

Thank you to Tom Wright from the Football Memories Group (Easter Road Stadium) for facilitating the activity and bringing along some of their artefacts and photographs.

Special thanks to **ASDA** for supporting the event.

The event is **free** to attend. Donations are welcomed.

RSVP: Valeria.Lembo@heartofnewhaven.co.uk

Whatsapp/Phone (Valeria): **07749568368**



Can you help make Edinburgh smile and tackle loneliness?

[View this email in your browser](#)

VINTAGE VIBES

GOOD COMPANY NEVER GETS OLD

Let's make Edinburgh smile!

Thank you so much for your help improving the lives of lonely and isolated older people (VIPs) in Edinburgh! We couldn't have reached nearly 1,000 local VIPs without your valued and continued support!

Many older people feel detached from their community in Edinburgh and have lost some of the joy and connection of being part of such a wonderful city.

Tomorrow we are launching our **Share a Smile Campaign** which is designed to put the smile back on the faces of Edinburgh's isolated older population and make our VIPs feel part of the city once more! See below to find out how you can help #MakeEdinburghSmile

[Get involved!](#)



MONEY COUNTS TRAINING

The Money Counts training is designed to assist anyone who works with residents and would like to be able to offer people more advice and support with the cost of living.

As you will already be aware, the rising cost of living will affect most households this winter. More people than ever are worried about money and how to pay the bills. Worrying about money can lead to poor mental health, and not having enough money to pay for essentials or take part in normal day to day activities can have longer term effects on physical health, children's educational outcomes and lead to feelings of isolation.

We are offering partners a further opportunity to attend Money Counts training which will be delivered **online via Microsoft Teams on Tuesday 5th September 10am-11.30am.**

No matter what your role is, by talking to residents about their money worries and supporting them to get the help they are entitled to, you can play a part in breaking the money worry cycle that so many are in. You can sign up for the free Money Counts Training using this link, <https://forms.office.com/e/Cphua2jNfM>

If you have any questions or queries please contact Freja.Poulter@edinburgh.gov.uk

[View this email in your browser](#)



BLOG:

[Gorgie Farm: What's Happening](#)

by Suzanne Campbell

CONSULTATION:

[Let's Be Heard: Sharing Scotland's COVID Experience](#)

EDINBURGH COMMUNITY LOTTERY:

[An easy way to fundraise for your good cause](#)

EVENTS:

[Volunteer Recruitment Fair](#) (13 Sep)
[Scottish Human Rights Bill Event](#) (13 Sep)
[EVOC Conference](#) (Save the Date: 5 Oct)
[The Gathering](#) (Pre-register: 7 & 8 Nov)
[Meet the Funders](#) (Save the Date: 28 Nov)

EVOC MEMBERSHIP:

[The benefits of membership](#)

FUNDING:

[Autistic Adult Support Fund Now Open](#)

NETWORKS & FORUMS:

[Carers Forum](#)
[Children, Young People & Families Network](#)
[Disability Forum](#)
[Health Walk Network](#)
[Mental Health Forum](#)
[Older People's Service Providers' Forum](#)
[Small Area Networks](#)
[Substance Use Network Edinburgh](#)
[Voluntary Sector Forums](#)

NEWS:

[New Project Supporting 41 Community Centres in Edinburgh](#)

RECRUITMENT:

[Join the EVOC Board](#)
[Senior Development Officer](#) (EVOC)

TRAINING & SUPPORT

[EVOC Training Programme](#)
[Organisational Support](#)



edinburgh christmas run



Edinburgh Christmas 5k & 10k Runs

Sunday 3rd December 2023 Inverleith Park Edinburgh

Start Times: 5k Run 09.30am - 10k Run 11am

Come and join us on December 3rd

Bring your friends, family and work mates and enjoy what is Edinburgh Premier Christmas Running event.

Don't delay enter today

Full details:

www.greatscottishevents.net

RE-CONNECT PROJECT



**Every Monday and Thursday
from 10.30am - 12.30pm**

This is a gentle movement class for older people aged 65+ on Mondays and Thursdays from 10.30am - 12.30pm. This supportive community class is designed for people who may have dementia, Parkinson's or restricted movement. The activities will be led by a professional dance artist, supported by volunteers and movements can be done seated, standing or a combination of both!

This project is **free** for participants, and is an opportunity for people to improve their health and wellbeing, make new friends and learn a new skill. We particularly welcome people from the West of Edinburgh.

Classes will be held at DN Studios, 9b South Gyle Crescent, Edinburgh EH12 9EB.

If you would like further information or to register for the class please contact:

info@edinburghcommunityperformingarts.co.uk

www.edinburghcommunityperformingarts.co.uk/our-projects

Funders:

Russell Trust, Kilpatrick Fraser Charitable Trust, Edinburgh City Council / supported by Western Neighbourhood Network, Baillie Gifford Community Awards, The Weir Charitable Trust and Edinburgh Communities Mental Health and Wellbeing Fund.

For the Website:

'Re-Connect' is a new, gentle movement class for older people aged 65+ on Mondays from 10.30am - 12.30pm from 6 March to 4 Dec 2023. This supportive community class is designed for people who may have dementia, Parkinson's or restricted movement. The activities will be led by a professional dance artist, supported by volunteers and movements can be done seated, standing or a combination of both!

This project is free for participants, thanks to our funders noted below and is an opportunity for people to improve their health and well-being, make new friends and learn a new skill. We particularly welcome people from the West of Edinburgh.

We will start the class with a cuppa, some biscuits and an informal chat to get to know each other and then progress onto gentle movements to music, to get you moving, laughing and mixing in a safe environment.

The class will be held at DN Studios, 9B South Gyle Crescent, Edinburgh EH12 9EB.

Funders:

Russell Trust, Kilpatrick Fraser Charitable Trust, Edinburgh City Council / supported by Western Neighbourhood Network

For more information or to register, contact: info@edinburghcommunityperformingarts.co.uk or visit www.edinburghcommunityperformingarts.co.uk



New Consultations From the Council

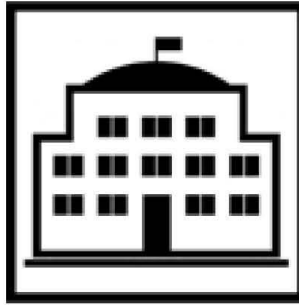
Consultations launched:

[Broxburn to Maybury Public Transport and Active Travel Improvements](#) - the aim is to better connect communities with major employment, education, healthcare and leisure opportunities. **(Closes 04 September 2023)**

[Licensing of Sexual Entertainment Venues](#) - The Council is required to determine an appropriate number of sexual entertainment venues permitted to operate in Edinburgh and each relevant locality. This consultation asks for views on what that number should be. **(Closes 03 October 2023)**








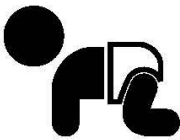


[West Edinburgh Placemaking Framework and Strategic Masterplan](#) – views sought on Council proposals to create a new neighbourhood next to Edinburgh Airport, which will include around 11,000 new homes, shops, schools, healthcare and leisure facilities. Feedback to form the final framework. **(Closes 04 October 2023)**

[Towards West Edinburgh 2050](#) – views are sought on this a 'spatial strategy' which covers the area of land stretching from the western edge of the city to the boundary with West Lothian, and from the Pentlands in the south to the Firth of Forth in the north. **(Closes 10 October 2023)**



See Hear Fest

| | | |
|-----------------------------|---|-----------------|
| | <p>Talk to 40 services for people living with blindness, sight loss, deafness, hearing loss, deafblindness or dual sensory loss.</p> | |
| | <p>Everyone welcome. Just come along.</p> | |
| | <p>Free</p> | |
| | <p>Friday 1st September 2023</p> | |
| | <p>11am to 4pm</p> | |
| | <p>Meadowbank Sports Centre, London Road, Edinburgh EH7 6AE</p> | |
| <p>Getting there</p> | | |
| <p>Buses 4, 26, 44</p> | <p>Disabled parking</p> | <p>Car park</p> |

| Communication supports available | |
|--|---|
|  BSL BSL / English Interpreters |  Electronic Notetakers |
|  Hearing loop |  Visual supports |
| Meadowbank is accessible with | |
|  Wheelchair access |  Changing Places Toilet |
|  Guide dog friendly |  Baby changing |
| Food and drink | |
|  Free tea and coffee |  Café |

For more information contact

Derek Todd, derek.todd@edinburgh.gov.uk



Trust Talk

NEWS AND VIEWS FROM THE CORSTORPHINE TRUST

Summer 2023



History and Heritage

As we move into Summer, we return once again with a new edition of **Trust Talk**. There are lots of exciting updates in this extended issue, including news from the local community and the second of a three-part guide to the stones of Corstorphine Old Parish Church. Continuing the historical theme, we hear the story of a local resident who gave his life during WWII and the pupils who are researching it today. They also pose some interesting questions - perhaps you, our readers, can answer them.

We hope that you enjoy this Summer Edition of **Trust Talk**!



Stay in touch

For more updates on our opening times, you can follow us on our Facebook and Instagram pages.



THE CORSTORPHINE TRUST



@THECORSTORPHINETRUST

Please find below the Summer edition of Trust Talk for your attention.

<https://www.corstorphinetrust.co.uk/news/>

Lauriston Agroecology Farm Veg Stall is back!

Fresh farm produce available for sale every Thursday 5pm-6:30pm by the containers at the Lauriston Farm Road entrance (at the back of the Toby Carvery Car Park).

The stall will be weekly for the rest of the summer, to the end of the harvest. You can drop-in, meet the growers, and pick up farm produce picked fresh that day. Cash and card payments accepted.

More details and directions here:

<https://www.lauristonfarm.scot/news/the-veg-stall-is-back/>



**Lauriston Farm
Veg Stall**

Thursdays 5-6:30pm

CHARD £1.50
RAINBOW
SALAD £2.00
SUSAN, PEAS, BUTTERBEAN
HERBS £0.50
CHIVES, CORIANDER, CUMIN

Folk Music



at Holy Cross
Saturday 23rd
September 2023
7-8 pm

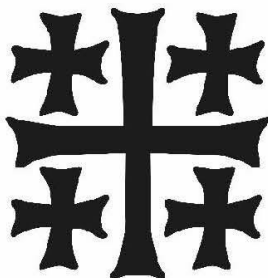
with Mairi McGillivray & Katie Allen

voice • guitar • fiddle



£10 per person • tickets on the door

proceeds go to refurbishing our community hall



Holy Cross Church
36 Quality Street Edinburgh EH4 5BS
families.hce@gmail.com
sponsored by Icon Research
www.iconresearch.co.uk



Holy Cross Church Hall, DMains
36 Quality Street, Edinburgh EH4 5BS

Toddler Yoga

with Izzy

18 months to 5 years, with grown-ups

Wednesdays 10-11am

6th September – 11th October

8th November – 13th December

£8 per child • booking essential
email Izzy: families.hce@gmail.com

- explore stories & themes through movement
- celebrate growing bodies
- parent-child bonding



Mats provided. No experience needed. Non-mobile babies welcome to watch their older siblings. Book for one class, a couple of classes or a whole block! Izzy is a trained Birthlight Toddler Yoga teacher.



Granton Waterfront

[Proposal of Application Notice \(PAN\) Granton Waterfront – Phase 1 – You Said We Did event](#)
[Gas engineers reenact historic lunch at Granton gasholder](#)
[Historic moment to transform Granton gasholder](#)

Update August 2023

Issue #18

Welcome to the [Granton Waterfront](#) newsletter. In this issue, we bring you updates on important and upcoming events and developments in your area.

Consultation Feedback Event: You Said We Did – 23 August

[back to top](#)

GRANTON WATERFRONT PHASE 1

Planning Pre-application Consultation Feedback

During June and early July we carried out in-person and online consultation. Join us in person at Granton Station Building, 1 Station Square on:
Wednesday 23rd August @ 4-7pm to find out what people had to say and how our proposals respond to this.

• EDINBURGH •

We asked for your views on proposals for the first phase of our £1.3bn regeneration of the area. **Come to Granton Station Building, 1 Station Square, 23 August, 4pm - 7pm**, to find out how we have taken your views onboard. Click [here](#) for more information on the online consultation, which was open from 6th June to 4th July 2023 .

Gas engineers re-enact historic lunch at Granton gasholder

[back to top](#)

On 8 August, Gas engineers gathered in Granton Waterfront to reenact a historic lunch which took place prior to the iconic Granton gasholder being put into use in 1901.

Historic records on the original lunch said that attendees were taken 'by special train' to a 'special station' built for the gasworks in Granton where more than 50 members were met by 'the Edinburgh and Leith Gas Commissioner'. The documents go on to describe the gasholder as 'a works that promises to be a model of structural beauty and mechanical ingenuity'.



The station mentioned in the documents is the former Granton Station which has been completely refurbished and will be managed from this year by social enterprise charity Wasps Studios, who work across Edinburgh and Scotland, to provide affordable workspace for artists and the creative industries.

The work carried out by McLaughlin & Harvey is part of the ongoing restoration works using £16.4m from the UK Government's Levelling Up Fund. The money is being used to restore the original 76 x 46 metre frame to make it look like new. Using a further £1.2m from the Scottish Government, the Council plan to open up the area to create a new and exciting multifunctional public space within the gasholder frame as part of their wider £1.3bn regeneration project to create a new sustainable coastal town at Granton Waterfront.

Historic moment to transform Granton gasholder

[back to top](#)



The bell that floated up as water filled the historic gasholder in Granton Waterfront has been taken apart to make way for work to begin to restore the original 76 x 46 metre frame to look like new.

The space within the restored gasholder is to have

multi-sensory play zones, a dedicated space for permanent and temporary public art, a relaxation area, outdoor trails and tracks for exercise as well as a large outdoor space for sports, markets, seasonal events, community use, festivals, performance arts, exhibitions and play. Work will also be carried out to plant trees, shrubs and wildflowers improving biodiversity and local habitat in the area.

Get in touch



The current programme will run between the April and June 2023 during school term time. There will be changes to these activities in the following term. Women can self-refer using this link [Women Supporting Women Programme](#) or you can complete this for them.

The Chat Café is a welcoming and inclusive space for women who are welcome to bring children if they are caring for them at this time. For new and settled migrants Chat Cafe is an informal opportunity to improve English conversation skills. There will be a range of free activities as well as coffee, tea, and snacks every week. Chat Café meets in Pilton Community Health Project at 9.30am – 11.30am every Monday except school holidays. The group is facilitated by Nathalie and sometimes guests. sallyfindlay@pchip.org.uk or call 07518 756 330. **Drop In.**

Knit & Natter. For women who like stitching, knitting and crocheting and want to meet friends. All ages, backgrounds and abilities welcome. The women meet in Pilton Community Health Project at 1pm every Monday except school holidays, the group ends at 3pm. sallyfindlay@pchip.org.uk or call 07518 756 330. **Drop In.**

The M Club with SHE Scotland. For women who want to explore the myths, facts and fantasies surrounding the menopause. The women meet on the first Monday of every month at 6pm – 8pm at Pilton Community Health Project. sallyfindlay@pchip.org.uk or call 07518 756 330 or shescotland@outlook.com **Drop in.**

Tiny Plates – Fussy Eaters’ Workshops. Practical workshops to support mums and carers with under 3s. Looking at why fussy eating happens and exploring how we can get our children to eat a better variety of foods. In addition, giving parents a chance to try different foods before they go out and buy. Also, perfect for weaners. Wednesdays 10am – 11am at Pilton Community Health Project. sallyfindlay@pchip.org.uk or call 07518 756 330, julesryan@pchip.org.uk 07517 109 319. **Booking essential.**

Outdoor Cooking Club. Women’s outdoor cooking group making a lunch each week using fresh vegetables and herbs from Granton Community Garden followed by a Community Meal. Suitable for all women and mums either with their children, or while they are in nursery or school. Meet on Wednesdays at 12pm to cook, and then we all eat at 2pm, outdoors in Granton Community Garden, 10 Wardieburn Rd, EH5 1LY. sallyfindlay@pchip.org.uk or call 07518 756 330, julesryan@pchip.org.uk 07517 109 319. **Drop in.**

Granton Community Garden Lunch. Everyone in the community is welcome to enjoy freshly prepared healthy lunch and tasty treats prepared by the women from the Outdoor Cooking Club. Every Wednesday at 2pm at Granton Community Garden, 10 Wardieburn Rd, EH5 1LY. sallyfindlay@pchip.org.uk 07518 756 330 or julesryan@pchip.org.uk 07517 109 319. **Drop in.**

Breastfeeding Buddies. A drop-in group focusing on encouraging and supporting local breastfeeding mums (or mums-to-be who are thinking about breastfeeding) delivered in partnership with [Lothian Breastfeeding Buddies](#). Thursdays 1pm – 2pm at Pilton Community Health Project. sallyfindlay@pchip.org.uk or call 07518 756 330 or <https://linktr.ee/LothianBreastfeedingBuddies> **Drop in.**

Play Together Outdoor Adventures with Trees & Seas Outdoor Adventures. Mums with under 5s learning together to play outdoors and gain confidence to try new things with their children. Activities include scavenger hunts, nature trails, den building, natural art and crafts, swings and hammocks, tool use, bush-craft skills and campfire cooking. Thursdays at 9.30am at Granton Community Garden, 10 Wardieburn Rd, EH5 1LY. sallyfindlay@pchp.org.uk or call 07518 756 330. **Booking essential.**

Women's Wellbeing in Nature. Women only group (no children) focusing on learning together to enjoy the outdoors. Activities include tea ceremonies, natural arts and crafts, seasonal yoga, green gym, and mindfulness sessions. We will also venture on to the beach for campfire cooking and, for those who want to, take a dip in the sea. julesryan@pchp.org.uk 07517 109 319 or sallyfindlay@pchp.org.uk 07518 756 330. **Booking essential.**

Women's Gardening Club – Sessions where women can learn and share gardening, woodwork and crafting skills while making something special for the community or for themselves. These sessions will develop depending on what the group wants to do and where we want to go. Fridays 9.30am – 11.30am at Granton Community Garden, 10 Wardieburn Rd, EH5 1LY. sallyfindlay@pchp.org.uk or call 07518 756 330. **Booking essential but you can drop in for a look.** Children are welcome to **stay and play** with their mums.

Stay & Play @GCG. Mums with under 5s learning together to play, gain confidence and try new things with their children. Fridays at 10.30am at Granton Community Garden, 10 Wardieburn Rd, EH5 1LY. For more info contact sallyfindlay@pchp.org.uk or call 07518 756 330.

Active Buddies – peer-support group. For women who want to go to the gym, or for a swim or even go for a walk, jog, run cycle – but do not want to do this alone. This peer-support group offers multiple opportunities to gain self-confidence in looking after our own wellbeing. Join our WhatsApp group to meet up with buddies to get active alongside. For more info contact sallyfindlay@pchp.org.uk or call 07518 756 330.

Our funding dictates that we offer support to women within strict boundaries of North small which is **Muirhouse, Drylaw, Pilton, Granton, Royston and Wardieburn**. So, if you are signposting any women to us, please make sure they live within these boundaries.

Please check [PCHP's Facebook page](#) to see to check for any updates or news about the above activities, also for any one-off groups or activities we are offering as well as news from partnership organisations.





Group Schedule

August - October 2023



Baby Massage Groups

| Location | Day & Time | Start Date |
|-----------------------------------|--------------------------|------------------------|
| Rannoch Community Centre | Mondays, 13:30 - 14:30 | 25/09/2023 for 4 weeks |
| Craigmillar Health Centre | Thursdays, 11:00 - 12:00 | 14/09/2023 for 8 weeks |
| Home-Start Office at Duncan Place | Thursdays, 13:00 - 14:00 | 31/08/2023 for 5 weeks |

Baby Peep Groups

| Location | Day & Time | Start Date |
|------------------------------------|---------------------------|------------------------|
| Home-Start Office at Duncan Place | Mondays, 13:30 - 14:30 | 28/08/2023 for 7 weeks |
| South Queensferry Community Centre | Tuesdays, 10:30 - 11:30 | 29/08/2023 for 7 weeks |
| Bingham Community Centre | Wednesdays, 10:30 - 11:30 | 30/08/2023 for 7 weeks |
| Rannoch Community Centre | Wednesdays, 13:30 - 14:30 | 30/08/2023 for 7 weeks |
| St Bride's Centre | Thursday's 11:00 - 12:00 | 31/08/2023 for 7 weeks |

Other Groups

| | | | |
|---------------------|----------------------------------|-------------------------------|------------------------|
| Wellbeing Group | Tollcross Community Centre (tbc) | Tuesdays, 09:30 - 11:00 (tbc) | 29/08/2023 for 6 weeks |
| Stay & Play Drop-in | Craigmillar Library | Wednesdays, 13:30 - 14:30 | 29/08/2023 |
| Gardening Drop-in | Heart of Newhaven Hub | Thursdays, 10:00 - 11:00 | 24/08/2023 |



Please share this with others you know who may be interested in attending one of our informative monthly talks.



Our research is clear – nutritional concerns are one of the main reasons people start to look into care for their loved ones and since talking about care can be an emotive topic, it helps to be well prepared for the care conversation.

So we're starting our monthly 'Let's Talk About Care' series with **EAT WELL AS YOU AGE on Tuesday 29th August** between 12.30pm and 1.30pm in our training suite at Castlebrae Business Centre, Peffer Place, EH16 4BB.

We'd love you to join us whether...

- ✓ you care for a family member
- ✓ are starting to think about care for a loved one
- ✓ are curious about working in care, or
- ✓ it's for your own continuing professional development

At each of our monthly events there'll be...

- ✓ a short talk;
- ✓ opportunities to share your ideas &
- ✓ ask questions in a group setting or one to one

... dip in and out of these as best suits you and enjoy a snack lunch on us. We'd best make it a health one this time!

To register for this event and/or to find out more about other talks on the last Tuesday of each month, just email me back on andrew.senew@homeinsteadedinburgh.co.uk.

Other topics we have in mind are...

- ✓ Parkinson's
- ✓ Dementia
- ✓ Scams
- ✓ Power of Attorney
- ✓ Financial Planning for Care

... or maybe you have a suggestion?

Let's Talk About Care!

Andrew Senew
Owner & Director

Mobile: 07557 681478

Home Instead Edinburgh East

Unit 22/23, Castlebrae Business Centre, Peffer Place, Edinburgh, EH16 4B

www.homeinstead.co.uk/edinburgh

Home Instead Edinburgh West

The Signal Box, 5 Appin Lane, Edinburgh, EH14 1JL

www.homeinstead.co.uk/edinburgh-west



Welcome to your August newsletter

Visitors from Singapore

The Heart was delighted to be able to host a visiting delegation from Singapore last month. The visitors, around 20 researchers from the Lee Kuan Yew School of Public Policy at the National University of Singapore, were on a fact-finding trip hosted by DTAS (Development Trusts Association Scotland) and requested that the Heart be part of their itinerary. Around two dozen visitors therefore enjoyed a delightful lunch at the Heart, followed by guided tours of the site with some of our trustees, and ending with an informal question and answer session before leaving for their next port of call.

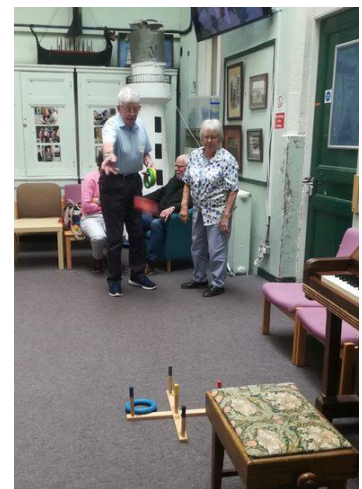
They wanted to know about the community right to buy such assets as the Heart and how we are now funding and running it for the community and what they learned will feed in to their Future Ready Society Conference in Singapore.





First Dementia Tea & Blether

Our dementia worker Valeria hosted her first official Meeting Centre event last month with a good-sized turnout of interested adults, carers and volunteer helpers. Tea, coffee, biscuits and a delicious home-made cake were happily consumed over discussions of old photographs from the Heart's heritage collection and a few intriguing items from the Victorian Schoolroom. Attendees had an informal tour of the ground-floor heritage displays and the event finished with much laughter as participants tried their hand at quoits or beanbag throwing - both much more difficult than they would appear to be!



There will be further monthly meetings and the next one is scheduled for Wednesday 30th August. Contact valeria.lembo@heartofnewhaven.co.uk if you'd like to attend.



Local glass artist

Juli Bolanos-Durman paid a visit to the Heart recently, when she was thrilled to be able to claim many of the excess scientific glass objects from the History of Education Centre. She will use the old test tubes, flasks and rods to create new glass sculptures. HEC was equally thrilled that their old glass would be saved from landfill and used to produce new artwork. Watch this space for photos of the finished pieces.

Coming up soon

The Heart will be hosting an exhibition for Edinburgh Shoreline next month. This will be a week-long exhibition, open to the public from **Saturday September 16th** and running until the **24th**. The 16th is the date for the deployment of oysters in the Forth, an historic event.



AGM

Important date

The Heart of Newhaven Community's AGM will be held this year on **Saturday 9th September**, at 2pm. Please check whether you are a member or not as we must update our records every year.

You may be signed up to receive the newsletter, but not be a member.

If you are a member, you will receive your official notice next week and be told what the next steps are.

The AGM would be an ideal time to step up and join the Board. We need new volunteers to join us, particularly if they have financial experience of any kind. If you would be interested in helping, contact Judy, Crabb@heartofnewhaven.co.uk or andrew.waldie@heartofnewhaven.co.uk

You can also find more details at <https://reachvolunteering.org.uk/opp/heart-newhaven-community-trustees> or <https://reachvolunteering.org.uk/opp/heart-newhaven-community-treasurer>

The AGM would also be a great time to start getting more involved with the running of the Heart. We're always on the look-out for more volunteers on the ground and there are many ways of lending a hand, whether it's by manning the welcome desk at specific times, providing IT or comms support, stepping forward to help organise events or sharing your own particular skills or expertise in so many ways. Do say hello to one of our Trustees and offer to help in whatever way you can.

Work with Us.

We have a vacancy for another part-time staff member. This is a part-time (16hrs per week), fixed-term role for six months but it could evolve into a permanent position. Check out the specifications on the [website](#) -

New Teaching Kitchen

Watch out for big changes in the Victoria Building, coming up soon. There have been delays to the installation of the promised new teaching kitchen, the hold-up being unexpected additional costs having to be met, but the work will begin in the next couple of weeks. We apologise in advance for any disruption caused, but rest assured the finished amenity will meet all sorts of community demands.

More changes

You'll be seeing lots of young faces around the Heart from now on, with the new childcare facilities starting in the Anchor Building this month. As we explained in the last newsletter, Daddy DayCare are moving in, so welcome to our new young users. Have fun.

New partner NEECS

Finally, welcome to our new partner, NEECS, North East Edinburgh Counselling Service. NEECS was established in 1995 and provides free one-to-one professional counselling for young people and adults who are experiencing poor mental health.

You're invited to their upcoming AGM and the 'house warming' of their new premises on the first floor of the Victoria Building on Thursday 24th August. This will be their first in-person AGM since the pandemic and an opportunity to see their new room at The Heart. The day will start with coffee & cake from 9am, then starting the AGM at 9.30am in one of the meeting rooms in the Anchor Building in the playground.

WHAT'S ON AT THE
HEART

LATEST NEWS: Historic moment to transform Granton gasholder



The bell that floated up as water filled the historic gasholder in Granton Waterfront has been taken apart to make way for work to begin to restore the original 76 x 46 metre frame to look like new again.

The City of Edinburgh Council plan to open up the area to create a new and exciting multifunctional public space as part of their wider £1.3bn regeneration project to create a new sustainable coastal town at Granton Waterfront.

McLaughlin & Harvey began work on the site in January of this year on behalf of the Council using £16.4m from the UK Government's Levelling Up Fund. The Scottish Government has also provided an additional £1.2m to provide a high quality public park within the gasholder frame.

The space within the restored gasholder is to have multi-sensory play zones, a dedicated space for permanent and temporary public art, a relaxation area, outdoor trails and tracks for exercise as well as a large outdoor space for sports, markets, seasonal events, community use, festivals, performance arts, exhibitions and play. Work will also be carried out to plant trees, shrubs and wildflowers improving biodiversity and local habitat in the area.

Fascinating gasholder facts

- Over 100K rivets holding the structure together
- Total cost of original construction £18,968.
- Was opened in 1901, making it 122 years old.
- It's since been painted 72 times.
- 26 columns in total with a height of 42m. each column is 9.3m apart.
- Granton was one of 12 gas storage tanks for the greater Edinburgh area. These 12 tanks had a combined capacity of 175,000 cubic meters of storage. At the time they were in operation the demand was around 28,000 cubic meters an hour (at its peak).
- The lowest tier was erected with the use of a steam locomotive crane.
- The Granton Gas Holder is unique as the umbrella which supports the tank roof when the system is not pressurised, was made from timber as opposed to cast iron. These timbers were in remarkably great condition when demolition began.

Funding, training and Vacancies



Manor Estates Community Fund

Launched by the Association in 2022 our Community Fund is open for applications. The fund was inspired by tenant and former Board member Doug McEwan, who sadly passed away in 2020. We created a fund to support those who are giving something back to the communities. Funding is not restricted to tenants as long as the activities are in areas where we are active.

The fund is available to constituted groups and groups that can demonstrate that they are working towards approving a constitution. Groups can apply for awards of up to £250.00 per annum that will assist them deliver activities that promote the values of the Association's Strategic Plan.

If you would like to apply please get in touch at info@manorestates.org.uk or by calling 0131 510 8540 for an application.

In case any of you are interested in data upskilling short courses, the University's Bayes Centre is offering the following:

The Bayes Centre is the University of Edinburgh's Innovation Hub for Data Science and AI; they run a series of [Data Upskilling Short Courses](#) which develop and refine data science skills. Thanks to funding from the Scottish Funding Council, every course has a

limited number of **fully funded** places for people who are permanent residents in Scotland ([eligibility criteria](#) applies).

Upcoming courses this Autumn include:

- [Leading Technology and Innovation in Organisations](#) (apply by 3 September) – for those with a technical background who have leadership aspirations.
- [Data Carpentry: Data Cleaning and Organising with Python](#) (apply by 4 September) – no prior experience necessary!
- [Health Data Science](#) (apply by 11 September)
- [Data Carpentry: Data Cleaning and Organising with R](#) (apply by 3 October) – no prior experience necessary!
- [Introduction to Data Ethics for Business](#) (apply by 9 October)
- [Introduction to Machine Learning](#) (apply by 6 November)
- [Data Carpentry: R, Regular Expressions, SQL](#) (apply by 27 November) - no prior experience necessary!

If you want further details, please contact Isobel.Dew@ed.ac.uk .



OPPORTUNITIES



Tours at Granton Station

Granton Station will be opening for business soon, and Wasps are starting to arrange viewings for anyone who would like a space.

If you are a freelancer or creative business looking to expand into a new space within the exciting Granton Waterfront Regeneration area, come along.

Booking now: Tours at Wasps' Granton Station - Thursday 7 September 2023

Contact lettings@waspsstudios.org.uk with your details and what time you would like to view the space.

Click the link at [Granton Station - Wasps \(waspsstudios.org.uk\)](#) for more information.

FUNDING

The City of Edinburgh Council - Diversity & Inclusion Fund

This fund seeks to remove barriers whilst resourcing change and sustaining development of ethnically diverse artists and creatives which have been developed and delivered through multi-art form collaborations and partnerships.

| | |
|-----------------------|------------|
| Maximum value: | £7,500 |
| Application deadline: | 13/09/2023 |

How to Apply

An online application form and further guidance are available on the [Council's Consultation Hub](#).

Unlimited – UK and International Open Awards

Unlimited wants to change perceptions of disabled people by commissioning new, ground-breaking and high-quality work.

| | |
|-----------------------|---|
| Maximum value: | £600,000 |
| Application deadline: | 02/10/2023 (opens on 31 August 2023) |

How to Apply

Applications are made online. More details can be accessed via the [Unlimited website](#):

Royal Company of Merchants of the City of Edinburgh Community Grants Fund

Grants are available to community groups and not-for-profit organisations for a range of activities in Edinburgh and the Lothians.

| | |
|-----------------------|------------|
| Maximum value: | £5,000 |
| Application deadline: | 01/09/2023 |

How to Apply

The current closing date for applications is 1 September 2023 for decisions in December. Applications can be submitted online at the [Foundation Scotland website](#). Funding decisions are recommended by The Royal Company of Merchants of the City of Edinburgh Committee Panel with final approval from the Endowments Trust Committee, supported by Foundation Scotland.

Freelands Foundation

Grants are available for visual art organisations working with schools and teachers on projects with an emphasis on supporting and empowering teachers.

| | |
|-----------------------|--|
| Maximum value: | £450,000 |
| Application deadline: | 20/11/2023 (Expressions of Interest open from 11 Sept 2023) |

How to Apply

Applications are made in a two-stage process:

- Expression of Interest.
- Organisations successful at Stage One will be invited to submit a full application.

The Autumn 2023 Fund will be accepting Expressions of Interest from 11 September to 20 November 2023 (12 noon). Invitation to submit a full application expected for the week commencing 22 January 2024.

The guidance notes and Expression of Interest Form can be found on the Freelands Foundation website. Organisations can begin working on their proposal ahead of submission opening in September. Two online information sessions are planned for the Autumn 2023 round:

- 6 September (10.00 to 12.00)
- 20 September (14.00 to 16.00)

Please [register](#) to find out more about the opportunity.

Scops Arts Trust

A limited number of grants are available to charities across the UK for new high quality projects that provide opportunities for people from all backgrounds to access, enjoy and participate in the arts.

| | |
|-----------------------|------------|
| Maximum value: | £30,000 |
| Application deadline: | 22/08/2023 |

How to Apply

The next deadline for Stage 1 applications is 22 August 2023. The application process is as follows:

- To start the application process, organisations should first take complete the eligibility checks which can be accessed on the [Scops Arts Trust website](#).
- Organisations that fulfill the criteria will be invited to make a Stage 1 online application.
- A Stage 2 shortlist will then be drawn up and the selected applicants will be invited to complete a Stage 2 online application form.

The Finnis Scott Foundation

Grants are available for UK registered charities working in the areas of horticulture and plant sciences, as well as fine art and art history.

| | |
|-----------------------|------------|
| Maximum value: | £10,000 |
| Application deadline: | 15/09/2023 |

How to Apply

Applications are considered at quarterly trustee meetings, usually in January, April, July and October. The next deadline for applications is 15 September 2023 (4pm). An online application form is available on the [Foundation's website](#). It may take up to four weeks for applicants to be notified of decisions.

The Arts Society Grants

Grants are available for UK-based charities to deliver projects and activities that engage people in the arts, promote skills development in the arts and heritage sector, and support local and regional arts organisations and museums.

| | |
|-----------------------|------------|
| Maximum value: | £3,000 |
| Application deadline: | 30/09/2023 |

How to Apply

The next deadline for applications is 30 September 2023. Guidance notes and an online application form are available from the [Arts Society website](#). There is a two-stage application process:

- Applicants must first register their organisation with The Arts Society through an online portal on their website.
- Applicants can then complete an online application form.

Foundation Scotland - Cockaigne Fund

Grants for charities, unincorporated organisations and individuals involved in classical and traditional music, with emphasis on community initiatives.

| | |
|-----------------------|----------------|
| Maximum value: | £5,000 |
| Application deadline: | None specified |

How to Apply

Applications are accepted any time. Applicants are advised to email Foundation Scotland (annabel@foundationscotland.org.uk) to discuss the proposal before submission. Applications may be submitted online and should also include a bank statement and a detailed budget. Organisations without charitable status must provide a copy of their constitution, recent accounts and safeguarding policies (if applicable).

Music for All - Community Project Funding

Grants are available to UK-based community groups that aim to bring musical projects to their local communities.

| | |
|-----------------------|---------------|
| Maximum value: | Discretionary |
| Application deadline: | 27/10/2023 |

How to Apply

The next deadline for applications is 27 October 2023. An online application form is available to complete on the [Music for All website](#). The process takes around three months from application to outcome notification.

Hinrichsen Foundation

Funding is available to support organisations and individuals undertaking projects to promote music, particularly contemporary music, in the UK.

| | |
|-----------------------|------------|
| Maximum value: | £1,500 |
| Application deadline: | 12/09/2023 |

How to Apply

The next deadline for applications is 12 September 2023. Applications are considered three times each year. Application forms are available to complete online at the [Foundation's website](#).

RSA Blackadder Houston Mid-Career Travel Award

This award provides travel and research opportunities for mid-career, fine art painters.

| | |
|-----------------------|------------|
| Maximum value: | £5,000 |
| Application deadline: | 01/10/2023 |

How to Apply

The [online application](#) will require applicants to submit the following:

- Artist statement (max 100 words)
- Up to 5 key artistic achievements (max 150 words)
- Summary of post school education
- 25-word summary of proposed research and production.
- A description of why the applicant needs this support to allow them to realise their artistic potential (max 100 words).
- Proposal (max 300 words) which gives an idea on what the artist hopes to achieve.
- CV
- A rough budget to show the use of funds.
- Up to 6 visuals of works already produced.

RSA Blackadder Houston Mid-Career Painting Award

This award provides extensive development and production opportunity for a fine art painter.

| | |
|-----------------------|------------|
| Maximum value: | £20,000 |
| Application deadline: | 01/10/2023 |

How to Apply

The [online application](#) will require applicants to submit the following:

- Artist statement (max 100 words)
- Up to 5 key artistic achievements (max 150 words)
- Summary of post school education
- 25-word summary of proposed research and production.
- A description of why the applicant needs this support to allow them to realise their artistic potential (max 100 words).
- Proposal (max 300 words) which gives an idea on what the artist hopes to achieve.
- CV
- A rough budget to show the use of funds.
- Up to 6 visuals of works already produced.

[The City of Edinburgh Council – Culture and Communities Committee – Business Bulletin](#)

Should you be interested, you can catch up with all of the Culture & Wellbeing Service's latest news via its [Culture Bulletin](#) (latest version available - 10 August 2023). These Business Bulletins are produced for each scheduled Culture and Communities Committee meeting and are available to download via the [Council's website](#).

The Opportunities and Funding Bulletin is also available for download via the [Update pages](#) from the [Culture Edinburgh website](#).

Elaine.lennon@edinburgh.gov.uk